

**FREEWAY / DRIVING DIRECTIONS for BODY BY O TRAINING FACILITY  
42225 REMINGTON AVENUE, SUITE A-24  
TEMECULA, CA 92590  
951/695-8805**

**DRIVING NORTH FROM SAN DIEGO:**

**Take I-15 NORTH 49.4 miles**

- **Take the WINCHESTER ROAD / CA-79 N exit. 0.2 miles**
- **Turn LEFT onto WINCHESTER RD / CA-79. Follow WINCHESTER RD. 0.7 miles**
- **Turn RIGHT onto DIAZ RD. 0.3 miles**
- **Turn LEFT onto REMINGTON AVE. 0.3 miles**
- **End at 42225 Remington Ave, Temecula, CA 92590**

**DRIVING SOUTH FROM LOS ANGELES**

**Take I-15 SOUTH toward SAN DIEGO. 35.0 miles Map**

- **Take the WINCHESTER ROAD exit. 0.2 miles Map**
- **Turn RIGHT onto WINCHESTER RD. 0.6 miles Map**
- **Turn RIGHT onto DIAZ RD. 0.3 miles Map**
- **Turn LEFT onto REMINGTON AVE. 0.3 miles Map**
- **End at 42225 Remington Ave, Temecula, CA 92590**